Dynasties of China and Tibet

The Himalayas and the Yangtze

April 21 to May 5, 2018
Dear Alumni & Friends:

Mysterious China and enchanting Tibet—two lands whose stunning beauty forms the backdrop of centuries-old civilizations steeped in legend and tradition. Here, the people’s reverence for ancestral customs has been passed on through dynasties and kingdoms and preserved from one generation to the next, influencing life today as well as providing an impetus for change and a springboard for the future.

Join us on this exceptional, custom-designed and comprehensive journey encompassing the breadth of China from the Himalayan “Rooftop of the World,” with three nights in Tibet’s spectacular and seldom-visited city of Lhasa, through the dramatic gorges of the Yangtze River and to the historic neighborhoods of Old Shanghai for an in-depth appreciation of the juxtaposition of ancient culture with modern advancements. Experience the imperial dignity of Mandarin Beijing, the dynastic treasures of historic Xi’an and the Tibetan Buddhist “Sun City” of Lhasa with its architectural masterpiece, the Potala Palace, a symbol of peace and the historic home of the Dalai Lama.

Ideally located Five-Star hotels have been carefully selected for our land accommodations, including Shanghai’s legendary FAIRMONT PEACE HOTEL and the renowned PENINSULA BEIJING. Our three-night cruise travels the fabled Yangtze River from Chongqing to Yichang through captivating landscapes, historic port cities and resplendent gorges aboard the deluxe VICTORIA JENNA, relaunched in 2016 after an extensive refurbishment. Cruise the magnificent Three Gorges, enjoy a private boat tour on the spectacular Goddess Stream in the Wu Gorge and visit the extraordinary engineering marvel of the Three Gorges Dam.

Visit eight UNESCO World Heritage sites during specially arranged, included excursions accompanied by experienced, English-speaking guides. This small group program is an extraordinary, once-in-a-lifetime travel opportunity, and an excellent value for such a comprehensive itinerary. Reserve now while Early Booking Savings and space are still available, as this program sells out quickly!

Cordially,

Marguerite Ingalls Jones

Marguerite Ingalls Jones, A&S ’74, Bus ’88
Travel Program Director
Office of Alumni Relations
The Johns Hopkins University
Beijing, China
The former imperial city of the Mongol, Ming and Manchu emperors, Beijing is one of China’s oldest citadels. Rich in historical sites and cultural relics, this dynamic city of more than 20 million people is the cultural and spiritual heart of the country and the ideal place from which to begin tracing back the fascinating narrative of ancient China.

Visit the magnificent Great Wall of China, a UNESCO World Heritage site and symbol of imperial grandeur since 500 B.C. Constructed over the course of 2000 years, this imposing fortification once spanned more than 13,000 miles. Walk along this historic border and marvel at sweeping views of China’s northern plains and valleys.

Walk through historic Tiananmen Square, the world’s largest public square and site of the memorial of modern China’s founder, Mao Zedong. Then, pass through the imposing Meridian Gate into the mystical UNESCO World Heritage-designated Forbidden City, residence of Ming and Qing dynasty emperors for almost 500 years. Inside, ascend the stone steps of the magnificent Hall of Supreme Harmony to explore the ceremonial halls, royal apartments, gardens and temples of the Imperial Palace.

The beautifully landscaped Summer Palace, a UNESCO World Heritage site and a masterpiece of Chinese landscape garden design, was the retreat of 19th-century Empress Dowager Cixi. Walk through Cixi’s private apartments, filled with jewel-encrusted furniture, and see her ornate Marble Boat. Then, enjoy a small boat cruise across Kunming Lake’s tranquil waters, which, along with Longevity Hill, form the key aesthetic features of the Summer Palace gardens.

Tour another extraordinary UNESCO World Heritage site, the Temple of Heaven, a magnificent complex of religious buildings symbolizing the relationship between heaven and Earth.

Xi’an
Ancient Chang’an, known today as Xi’an, was China’s thriving capital of emperors, courtesans, monks, merchants and soldiers for 11 dynasties. It was a place where many of the world’s great religions coexisted and the fabled launching point of the Silk Road, where camel caravans introduced Chinese influence to the world and distributed goods from the Eurasian continent.

Tour the exquisite Yangling Imperial Tomb, where thousands of captivating figurines excavated from the 2100-year-old tomb of Emperor Liu Qi capture the essence of daily life during the Han dynasty, a high point in Chinese history, when culture and the arts flourished as never before.

Cover photo: Clay was individually applied to the visages of each figure in Emperor Qin Shihuang’s Terra Cotta Army to create distinct facial features.

Photo this page: Walk along the Great Wall of China, dotted with thousands of beacon towers and fortresses, and feel the mystery and allure of one of the world’s oldest civilizations.
Visit the amazing UNESCO World Heritage site of the famous life-size Terra Cotta Warriors, no two alike. In 1974, farmers digging a well unearthed this incredible archaeological discovery—one of the most extraordinary finds of the 20th century—an army of thousands of terra cotta warriors and horses maintaining a silent vigil over the tomb of Emperor Qin Shi Huang (259-210 B.C.). This visionary monarch, the first ruler of a unified China, introduced a standardized writing system, reformed the legal code and commenced the building of the Great Wall of China, the greatest public works project of its era. The emperor, as large a figure in death as he was in life, lies buried in a mausoleum that took 36 years to construct and required the efforts of 700,000 laborers. The tomb itself remains unexcavated, guarded by row upon row of charioteers, infantry, cavalry and horses. Each warrior has a distinctive, lifelike facial expression and bears trappings denoting his rank within the imperial army—general, senior officer, junior officer or common soldier.

Walk along Xi’an’s fortified medieval city walls, the best-preserved in China, and explore the lively streets of the Huimin quarter, infused with a rich heritage influenced by merchants who traveled the Silk Road 1300 years ago. From Xi’an’s distinctive, triple-eaved Bell and Drum Towers, watchmen once signaled dawn and dusk with a bell and a drum, respectively.

Enjoy a traditional dumpling dinner in one of Xi’an’s most famous restaurants. Dumplings, called jiaozi, are said to have been introduced to Chinese cuisine 1800 years ago.

**Lhasa, Tibet**

One of the world’s highest cities at an elevation of nearly 12,000 feet, Lhasa has been a center of Tibetan Buddhism since the religion was introduced here in the seventh century. Today in this captivating city, one can see devout pilgrims, prostrating monks, colorful neighborhood quarters and medieval monasteries.
Further up the mountain, visit the stunning chapels in the Red Palace, where opulent, jewel-laden monuments honor previous Dalai Lamas.

Just outside the city, the 15th-century Sera Monastery, one of the great educational centers of Gelugpa, or Yellow Hat—the most widespread order of Tibetan Buddhism—once housed more than 5000 monks. Observe the animated style of debate they practice each afternoon in the courtyard of Sera’s largest school, a fascinating Tibetan tradition.

The 18th-century Norbulingka Palace was built by the seventh Dalai Lama on a site of medicinal springs; the lush grounds of this “Jeweled Park” today constitute the largest garden in Tibet.

The elaborate Jokhang Temple—the most sacred building in Tibet—was constructed in A.D. 647 in the heart of the city’s Old Town by Emperor Songtsen Gampo to honor his two Buddhist wives.

Outside the temple complex, stroll along the winding lanes around bustling Barkhor Square, where Tibetan monks chant mantras and spin prayer wheels, fragrant incense wafts through the air and the brilliant colors of silk robes and turquoise jewelry line the alleys. Lhasa’s only female Buddhist monastery, the Canggu Nunnery, is an oasis amid the activity of Barkhor; here, the residents welcome visitors to wander the brightly hued courtyards and listen to their rhythmic recitations.

Chongqing, China
This picturesque mountain city, located at the confluence of the Yangtze and Jialing Rivers, is known for its traditional teahouse culture and spicy Szechuan cuisine. Visit Chongqing’s zoo, one of the largest of its kind in China, to see playful giant pandas—recently removed from the endangered species list after decades of conservation efforts—in specially designed garden habitats that simulate their natural environment.

Yangtze Cruise
Three Gorges/Three Lesser Gorges/Three Gorges Dam
The captivating three-day cruise aboard the VICTORIA JENNA stops in fascinating, historic ports and showcases the grandeur of one of China’s greatest natural wonders, the Three Gorges.

Visit Shibaozhai, which translates to “Precious Stone Fortress,” a rocky promontory on the north bank of the river. Built into its side is the graceful Pearl of Yangtze, a 12-tiered red wooden pagoda rising 184 feet to the top of a towering cliff.

Pass through Kui Gate, the soaring twin peaks that mark the gateway to Qutang, the most dramatic of the Three Gorges. Admire the quiet beauty and sheer white-stone cliffs of stunning Wu Gorge, where the legendary Twelve Peaks look down from
The deluxe VICTORIA JENNA provides modern cruise comfort on the Yangtze River. Designed by a U.S. architectural firm and custom-built to conform to Western standards, the ship underwent a complete renovation in 2016.

There are only 189 spacious, river-view Suites and Cabins, decorated in contemporary Chinese and Western styles. All accommodations feature floor-to-ceiling sliding glass doors that open onto a private balcony, from which guests can view the stunning scenery of the Three Gorges and the Yangtze River. Each also has air conditioning, private bathroom with bathtub/shower, telephone, satellite television with English and international channels, safe, closet and hair dryer.

Breakfast, lunch and dinner are served in single, unassigned seatings in the Dynasty Restaurant. Chinese and Western cuisine feature local ingredients. Complimentary house wine and beer are included with lunch and dinner. Coffee, tea and soft drinks are served throughout the cruise.

There are two lounges and three bars, an Observation Deck, library, Wi-Fi hotspots for Internet access, gift shop, spa and beauty salon, and fitness center. Shipboard entertainment and exercise programs feature traditional Chinese culture. There is a doctor on board. Laundry service is available.

The VICTORIA JENNA has a highly trained, English-speaking crew that provides personalized, amiable service. Gratuities to shipboard personnel are included.

From Sandouping, visit the massive Three Gorges Dam, the largest water conservancy project ever undertaken by man. Considered a key to China’s modernization, it is the world’s largest hydroelectric dam, 1.3 miles wide and 606 feet high.

Shanghai

The exhilarating metropolis of Shanghai was the first of China’s cities to be influenced by the West in the 19th century. Today, its outstanding architectural landmarks along the famous Bund waterfront include the neoclassical Customs House and the China Merchants Bank building.

Across the fabled Huangpu River, see the bold high-rises and broad avenues of Pudong, Shanghai’s pulsing financial center. Tour the renowned Shanghai Museum, which houses an important collection of ancient coins, including rare pieces from the central Asian kingdoms along the Silk Road.

The rooftop of the Five-Star FAIRMONT PEACE HOTEL provides the perfect setting for the Farewell Reception, with breathtaking views of the city skyline along the Huangpu.

Buddhist pilgrims spin beautifully embossed Tibetan prayer wheels to invoke spiritual blessings.
Included Features

**In Beijing, China**
- Three nights in the Five-Star PENINSULA BEIJING, centrally located near the Forbidden City.
- Full Western breakfast each morning.
- Welcome Reception and Peking duck dinner in the hotel.
- Excursion to the magnificent Great Wall of China, a UNESCO World Heritage site. Lunch is included en route.
- Walking tour of the mysterious Forbidden City, a UNESCO World Heritage site, and a visit to Tiananmen Square.
- Visit to the towering Summer Palace, a UNESCO World Heritage site, including a small boat cruise around Kunming Lake, part of the palace gardens.

**In Xi’an**
- Two nights in the Five-Star HILTON HOTEL, located within the ancient city walls.
- Full Western breakfast each morning.
- Visit to the Yangling Imperial Tombs, a unique discovery.
- Excursion to the vast complex of the legendary Xi’an Terra Cotta Warriors, a UNESCO World Heritage site.
- Excursion to the 15th-century Temple of Heaven.
- Visit to the serene Canggu Nunnery.

**In Lhasa, Tibet**
- Three nights in the Five-Star SHANGRI-LA HOTEL.
- Full Western breakfast each morning, one dinner featuring traditional Tibetan music and two lunches.
- Visit to the UNESCO World Heritage-designated Potala Palace, Norbulingka Palace and Jokhang Temple (including Barkhor Square).
- Excursion to the 15th-century Sera Monastery.
- Visit to the serene Canggu Nunnery.

**In Chongqing, China**
- Visit to the Chongqing Zoo to observe giant pandas.

**On board the VICTORIA JENNA**
- Three-night Yangtze River cruise from Chongqing to Yichang, with port calls at Shibaoshazhi and Sandouping for the Three Gorges Dam.
- River-view Suite or Cabin with a private balcony and private bathroom.
- Welcome Reception and Farewell Dinner.
- Breakfast, lunch and dinner each day.
- Complimentary house wine and beer are served with lunch and dinner; complimentary soft drinks, coffee and tea are available throughout the cruise.
- Complimentary Executive Lounge access, including beer, wine and spirits one hour before dinner and Wi-Fi.
- T’ai chi exercise sessions during the cruise.
- Excursion to Shibaoshazhi to see its impressive wooden pagoda.
- Private boat cruise on the Goddess Stream in Wu Gorge.
- Transit and tour of the Three Gorges Dam.

**In Shanghai**
- Two nights in the historic Five-Star FARMONT PEACE HOTEL, located on the famous Bund waterfront.
- Full Western breakfast each morning.
- Welcome Reception.
- Panoramic tours of the famed Bund and Pudong districts.
- Visit to the renowned Shanghai Museum.
- **Enhanced Travel Services**
  - Transfers and luggage handling abroad for participants whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
  - All excursions and visits, as outlined above, with experienced, English-speaking local guides.
  - Gratuities to shipboard personnel, river guides, and local guides and drivers on included excursions and transfers.
  - Complimentary bottled water in your Suite or Cabin aboard ship and on excursions.
  - Tibet travel permit.
  - Complimentary use of a state-of-the-art headset for each participant during guided excursions.
  - Hospitality desk in the hotels and aboard ship.
  - The services of experienced Gohagan & Company Travel Directors throughout the program.
  - Travel document wallet, name badge and pre-departure information.
  - Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Chinese civilization originated along the Yellow and Yangtze Rivers during the Neolithic era, and for centuries, its culture, literature and philosophy flourished, with each dynasty and kingdom adding to its collective knowledge and heritage. Similarly, Tibet possesses a long and storied history of deep cultural tradition that formed along the Yarlung River Valley in the seventh century. Historic home of the Dalai Lama, Tibet’s remote location among the foothills of the Himalayan mountains holds an intriguing allure. The peaks of the Himalayans are sacred to Buddhism, the religion that serves as a powerful bridge between the physical and spiritual relationship of China and Tibet. Its teachings have played an influential role in the politics, economics, technology and art among Tibetans, Chinese and their neighbors through the present day. Yet, for hundreds of years, China and Tibet were insular countries, allowing only glimpses of their cultural richness to the outside world via the Silk Road, which further stoked the European’s imagination of exotic lands in the East. A mysterious land, one which Napoleon referred to as “a sleeping giant that would change the world when awoken,” China finally lifted its shroud in 1972. The reopening of China, and Tibet several years later, and the introduction of their ancient traditions to the Western world, vaulted the country into its current progressive nation status, which continues to be a spectacular transformation of the most populous, perhaps most culturally unique place on Earth.
DYNASTIES OF CHINA AND TIBET RESERVATION FORM

Send to:
2018 Dynasties of China and Tibet
The Johns Hopkins University
c/o Thomas P. Gohagan & Company
209 South LaSalle Street, Suite 500
Chicago, IL 60604-1446
(800) 922-3083 or (312) 609-1140

For Johns Hopkins related questions, please call
800-548-5481 or 410-516-0363.

Please make my/our reservation(s) in Cabin Category:
1st Choice _____ 2nd Choice _____

Double occupancy (two twin beds).
Double occupancy (one queen bed).
Single accommodations.
I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

I/We want you to book my/our air from ______ (fill in departure city)
to Beijing, China, with return from Shanghai, China, at additional cost to be advised.1

I/We will make my/our own air arrangements.

Note: Airfare is subject to change and availability and is nonrefundable.

Program reservations require a deposit of $800 per person.
By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Enclosed is my/our check(s) for $__________ as deposit.

Check payable to Gohagan & Company and reflects the only valid cabin categorization of the vessel.

MV VICTORIA JENNA

LAND/Cruise TARIFF excluding taxes*
Per person, based on double occupancy

<table>
<thead>
<tr>
<th>Cabin Category*</th>
<th>Early Booking Tariff* through October 13, 2017</th>
<th>Tariff* after October 13, 2017</th>
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<tr>
<td>Deluxe Suite</td>
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<tr>
<td>Shangri La Suite</td>
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Singles are available in category 4 at $8795* and in category 2 at $12295* on or before October 13, 2017. Add $1000 for reservations made after October 13, 2017.

*Note: Airfare is subject to change and is nonrefundable.

Airfare Beijing/Xi’an, Xi’an/Lhasa, Lhasa/Chongqing and Yichang/Shanghai (internal program air) is $1295 per person additional and subject to change.

**VICTORIA JENNA** has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.

Dynasties of China and Tibet
Reservations require to be made by check or wire transfer by December 22, 2017.

One member of the traveling party is required to make a sustaining financial contribution of $50 or more to the Johns Hopkins Alumni Association within the fiscal year. Please visit www.alumni.jhu.edu/support.

Note: A small portion of the cost of your trip supports the Johns Hopkins Alumni Travel Program.
RESPONSIBILITY:
The giant panda is the rarest member of the bear family. Considered a Chinese national treasure, the vulnerable association/organizations, and its and their employees, to detract from the enjoyment of the trip by others. Specific room/cabin Gohagan judges to be incapable of meeting the rigors and requirements responsible for your own hotel, transfers and meal costs. Baggage is you are required to spend an additional night(s), you will be no "replacement" reservation can be substituted at the discounted rate. accompanied by the required deposit, by a companion who will be responsible for handling equipment.

PHYSICAL ACCESSIBILITY:
All programs require physical independence and mobility. Any physical or mental condition when you make your reservation. Travelers must be able to embark or disembark motorcoaches alone or with minimal assistance from your traveling companion. Tornadoes, severe storms, and flood(s) may occur without assistance. Travelers requiring assistance must travel with a companion. Additional travel costs may be incurred. 

Airfare:
Airfare is subject to change and availability and, depending on the fare basis, likely is nonrefundable. Your airline ticket comes with a contract between you and the airline, even if purchased through Gohagan.

LUGGAGE:
Luggage allowance policies are set by the airlines and may change without notice. All baggage must be hand-carry or checked as per your itinerary. Airlines have specific size, weight, and number of bags allowed and regulations vary significantly between airlines. The airlines reserve the right to refuse you or your bags if you fail to comply with their rules. If your bags are damaged or lost, you will need to file a claim with the airline and their insurance. Baggage insurance is not included in your trip cost. 

TRIP INSURANCE:
Optional excursion cancellation fees and administrative fees may apply. Cancellations 59 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

CANCELLATIONS:
Cancellations for all or any part of the trip including PrePost Program(s) reservation(s) will not be effective until received in writing in the offices of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 per person administrative fee from the time of booking through 180 days prior to departure; from 120 through 179 days prior to departure, $800 per person; from 95 through 119 days prior to departure, 50% of the published full regular tariffs; from 60 through 94 days prior to departure, 75% of the published full regular tariffs, cancellations 39 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

RATES:
Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after full payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in exchange rates, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

REGISTRATION:
By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for himself/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement. 

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CANCER: A "replacement" reservation can be submitted at the discretion rate. Cancellation penalties may apply.

BANNING ARBITRATION:
Any dispute concerning, relating to or offered in connection with the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. § 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the JAMS and the Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT:
By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for himself/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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